Diversità, salute e digitalizzazione: potenzialità e limiti

KATHARINA CREPAZ

Diversity, Health, and Digitalization: Opportunities and Limitations

Abstract: The paper explores the impact of digitalization on healthcare, highlighting both its potential for inclusivity and the risks of exclusion for diverse social groups. It provides general considerations while focusing particularly on Germany as a case study. The digital transformation in healthcare promises increased accessibility and personalized care through innovations like telemedicine and health apps, which can bridge geographical and social gaps. However, challenges such as the digital divide, data security concerns, and cultural barriers may hinder equitable access. By focusing on gender, age, disability, and socioeconomic factors, the article underscores the need for inclusive strategies in digital healthcare to prevent deepening existing health inequalities. The paper calls for participatory development, digital literacy, and ethical data handling to ensure digital health solutions are accessible, secure, and trust-enhancing for all societal groups.

Keywords: Diversity, Health, Digitalization, Inclusivity.

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